



DUKES MEADOWS

ADULT TENNIS PROGRAMME

Description			Price per session
mens training	High intensity drills & training for men who play club matches and enjoy being competitive.	Monday 8pm - 10pm	24.00
ladies morning	A social ladies session which includes drills, technical advice and doubles practice.	Tuesday 11am - 1pm	22.00
ladies training	Matchplay, tactics & drills for competitive ladies who like to work hard and take their tennis seriously.	Wednesday 8pm - 10pm	24.00
inter- mediate	A coach lead practice session for club level players, with tips, advice & arranged match play.	Wednesday 11am - 1pm	22.00
starter session	Players wishing to get started by developing good technical basics, learn the rules and make friends.	Sunday 10.30am - 12pm	20.00
match- play ladder	A great way to meet new people and be competitive. Each month we will be awarding prizes for the players who have moved furthest up the ladder and played the most amount of matches.		

All prices include V.A.T. when applicable

Session Information

Limited space on all sessions, please book early to ensure your space.

Sessions cancelled less than 48hrs before the start of session cannot be reimbursed.

Please call reception on 0208 994 3314 or email tennisoffice@dukesmeadows.com